



SOUTHEASTERN BRAIN TUMOR FOUNDATION'S

# HORIZONS OF HOPE

QUARTERLY NEWSLETTER

## LIGHTEN THE LOAD INITIATIVE

In February our Lighten the Load initiative provided support to those undergoing treatment for a brain tumor.

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## HIGHLIGHTS FROM 2020

Read how your support impacted change in 2020 and has teed up an amazing 2021

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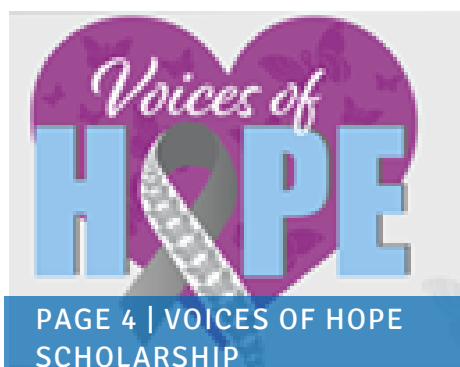
## SBTF NEWS & UPDATES

Website, support groups, new email addresses, Board Members & Officers

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# Brain Tumor Research

## KEY STATS AND FACTS INFOGRAPHIC



This powerful visual representation depicts some of the most important and compelling facts surrounding brain tumors. The Southeastern Brain Tumor Foundation's mission is to provide support, hope and courage to those facing a brain tumor and to raise monies to fund brain tumor research.

The success of our signature fundraising events allows us to fund, and award research grants monies to projects we hope will result in advancing curative treatments. We are a leading voice of hope in the brain tumor community offering support groups, scholarships, and other programs. Together with you, we are making strides forward in the fight against brain tumors.

Learn more at [SBTF.org](http://SBTF.org)

**87,000**  
people in the US  
are diagnosed with  
a **BRAIN TUMOR**  
each year.<sup>2</sup>

Deaths from  
**BRAIN TUMORS**  
are increasing<sup>3</sup>

### Brain Tumors are INDISCRIMINATE

They can affect anyone at any age<sup>1</sup>

In fact, brain tumors are the leading cause of pediatric cancer related deaths.

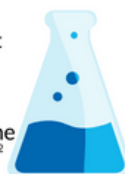
Brain tumors  
**KILL MORE CHILDREN**  
than leukemia<sup>1</sup>

Brain tumors  
**KILL MORE MEN UNDER 45**  
than  
prostate cancer<sup>3</sup>

Brain tumors  
**KILL MORE WOMEN UNDER 35**  
than  
breast cancer<sup>3</sup>

**Just 5**

drugs are FDA approved to treat brain tumors. Radiation and surgery remain the standard of care.<sup>2</sup>



Less than **36%**  
diagnosed with a brain tumor  
**SURVIVE BEYOND FIVE YEARS**<sup>2</sup>

<sup>1</sup>: <http://www.abta.org/about-brain-tumors/brain-tumor-education>  
<sup>2</sup>: <http://brain-tumor.org/brain-tumor-information/brain-tumor-facts>  
<sup>3</sup>: <http://seer.cancer.gov/statfacts/html/brain.html>

## WHY YOUR SUPPORT MATTERS...

As a supporter of the Foundation, have you ever wondered if your contributions matter?

Because of your support and our stewardship of the funds raised, we are able to offer scholarships, support groups, research grants and provide hope for patients. Here are a few examples of your funds in action.

Over \$34,000  
awarded in  
scholarships

Over 200 patients  
have received acts  
of kindness

Over 500 patients  
annually benefit  
from support group

53 research projects  
have been funded to  
search for a cure

### 9TH ANNUAL MUDDY DUCK DASH

Saturday, 7.24.2021

Univ of North GA

Oakbrook Campus

Registration for this obstacle-style 5K is now open! Sign yourself, or your ducklings, up now at [sbtfdmdd.com](http://sbtfdmdd.com). All finishers receive a medal.

Come visit our "central flock" area and participate in our signature duck-o-rating contest, or check out your favorite teams and their costumes. This is a charity event where we "get muddy" while raising funds for brain tumor research.

You'll have a Quack-tacular time.





## BOARD OF DIRECTORS ELECTED FOR 2021



Get to know your 2021 Board of Directors; read about each of them on our website: [sbtbf.org](https://www.sbtbf.org).

## PARENTS & GUARDIANS OF YOUNG ADULT BRAIN TUMOR SURVIVORS - MONTHLY BRAIN TUMOR SUPPORT GROUP MEETING

In conjunction with the Piedmont Brain Tumor Center we are pleased to announce this platform through which parents, of young adult brain tumor survivors, can share experiences with other parents regarding your child's transition into adulthood and adult care. This meeting is intended for parents & guardians of young adult brain tumor survivors (diagnosed with a primary or metastatic brain tumor). The meeting occurs on the 2nd Tuesday of each month via zoom at 6:00pm ET. A separate platform is offered for your child to meet with other young adult brain tumor survivors. More information can be found at [www.sbtbf.org/support-groups](https://www.sbtbf.org/support-groups).



## LIGHTEN THE LOAD PROJECT

The Foundation kicked off the new "Lighten the Load" project to show our support for patients currently undergoing treatment for a primary brain tumor.

This program offers acts of kindness to patients such as groceries, meal delivery, transportation assistance and care bags. The SBTF funds the program, however local metro-Atlanta treatment facilities identify the patients and coordinate the acts of kindness.

Currently we have partnered with four local treatment facilities and are looking to expand the program to more.

We enjoy receiving notes like this one from a patient:

"Dear SBTF Friends,  
Thank you very much for the ... card. Laura heads up our brain tumor support group and she told me she had one for me. Things have been really difficult lately and this put a smile on my face.

P.S. Thank you for all the work you do on our behalf."

[Click here to learn more or donate to the Lighten the Load project](#)



KELLY TURNER

## A MESSAGE FROM THE PRESIDENT

I don't know about you, but 2021 already feels like a better year than 2020 ever was. The spirit of hope in the air outweighs the pollen- hope for hugs, hope for time with family and hope for the vaccine.

Many of you joined with us to offer hope to a young man facing a brain tumor by sending an electronic card to him. Hope was shared in the Lighten the Load project and will continue to bloom during scholarship awards and research grants.

And we are hopeful 2021 will bring IN-PERSON events back! We can't wait to see everyone at the Muddy Duck Dash and Race for Research this year!

*Kelly Turner*

## UPCOMING EVENTS

2021

- April: Accepting Scholarship Apps
- May: Brain Tumor Awareness Month
- May: Scholarship Apps Due 5.31.2021
- June: Scholarships Awarded
- June: SBTf's Birthday
- July: Muddy Duck Dash
- Sept: Race for Research
- Oct: Intl Brain Tumor Awareness Mth
- Nov: Giving Tuesday



LEARN MORE AT [SBTF.ORG](http://SBTF.ORG)



Check out his amazing smile!

If you'd like to send him an eCard (or another!) visit [support.sbtffoundation.org/matty](http://support.sbtffoundation.org/matty).



## VOICES OF HOPE SCHOLARSHIP



For a third consecutive year, the Cameron Heyward Foundation has pledged their support of our Voices of Hope scholarship program. Dedicated to impacting the lives of today's youth, founder and Steelers defensive end, Cameron Heyward, knows "every kid needs to have someone in their corner". Supporting the SBTf Voices of Hope Scholarship program is one small way to have a big impact on the lives of children. Learn more about the Cameron Heyward Foundation and their initiatives by visiting their website [www.thecameronheywardfoundation.org](http://www.thecameronheywardfoundation.org).

Voices of Hope scholarships are intended to provide brain tumor patients, or the family members of those affected by a brain tumor diagnosis, the opportunity to pursue post-secondary education at an accredited college, university, or technical school. We are accepting scholarship applications from April 1 - May 31st. Details can be found at [www.sbtffoundation.org/scholarships](http://www.sbtffoundation.org/scholarships)

## APHASIA SUPPORT GROUP -

On March 31st, our newest support group meeting debuted. It's titled "Bridging the Communication Gap". Offered for the adult brain tumor patient suffering with Aphasia and their caregiver(s), this group will meet monthly via Zoom. Aphasia can result from a brain injury, a stroke, or a brain tumor and can leave the patient unable to read, write, or talk. Overcoming these deficits requires more than talk therapy. It requires an understanding of the diagnosis, and the ability to be patient-with-the-patient as they struggle to relearn basic communication skills. More details available at [www.sbtffoundation.org/support-groups](http://www.sbtffoundation.org/support-groups).

## NEW WEBSITE LAUNCHED

Have you visited our newly redesigned website recently? We partnered with GoDaddy to revamp our site to make it more of a resource for our community. You can find support group information, resource links, scholarship details and read about the impact your dollars are having on brain tumor research. Visit [sbtffoundation.org](http://sbtffoundation.org) today!